

## Cambois Rowing Club: LDS Race Risk Assessment Form

**DATE:** 07/09/25      **ASSESSOR:** Andy Appleby      **LOCATION:** River Wansbeck      **AREA/ACTIVITY:** Water based competition  
on the River Wansbeck involving familiar and unfamiliar crews, scullers and coxes

I t e m N o .	Activity/equipment/ materials, etc.	Hazard	Persons at risk	S e v e r i t y	L i k e l i h o o d	<u>Risk Rating</u>	Control Measures Required	Fi n a l R e s u l t*
						H 20-36 M 12-18 L 1-10		
1	Racing Shells Rescue Craft Tents Trailers	Incident through difficult weather or water conditions.	All competitors, bystanders, spectators and club volunteers.	4	4	Medium 16	Weather and water conditions assessed and either only allow higher levels of competence to compete or cancel the event entirely.	Low 8
2	Racing Shells Rescue Craft Tents Trailers Blades	Lightning	All competitors, bystanders, spectators and club volunteers	5	2	Low 10	Action plan involving weather warnings and using the 30/30 rule: rowing shall stop when the flash to bang count is 30 seconds or less and shall not resume for at least 30 minutes after the last lightening. If crews are on the water, they shall be instructed to return to the landing station.	Low 2
3	Racing Shells Rescue Craft Blades	Collisions between competitors travelling in opposite directions	All competitors	4	3	Medium 12	1. Crews informed of navigation rules (upstream North bank, downstream South Bank ie port to port). 2. Crews are not permitted, in normal circumstances, to row back down the course once proceeding upstream to the start. However in the case of an emergency then crews will be permitted to do so, this request should be communicated to an umpire or	Low 6

							event official to allow for safe marshalling and monitoring of the crew involved. 3. Crews monitored by marshals when returning to the landing stages after racing enforcing the circulation pattern.	
4	Racing Shells Rescue Craft Blades	Collisions with other boats eg canoes, sailing craft	All competitors	4	4	Medium 16	1. Crews informed of navigation rules (upstream North bank, downstream South Bank ie port to port) 2. Canoe Club, Sea Scouts & Paddle Board Club advised of event prior to race date 3. Course monitored throughout its length 4. Safety launch placed by road bridge – all in radio contact	Low 3
5	Racing Shells Rescue Craft Blades	Collision with bridges	All competitors	3	5	Medium 15	1. Safety Launch and marshals positioned near road bridge to warn crews.	Low 9
6	Racing Shells Rescue Craft Blades	Capsize proceeding to the start and during the start	All competitors	3	4	Medium 12	1. Course monitored throughout its length. 2. Safety launches in place on the course 3. Vehicle access points identified to transfer victim quickly. 4. All marshals/monitors/safety launches in radio contact	Low 9
7	Racing Shells Rescue Craft Blades	Capsize and congestion at the start marshalling area	All competitors and rescue personnel	3	4	Medium 12	1. Start Marshals to direct crews and monitor safety. 2. Safety launch upstream of road bridge in radio contact. 3. Cancel event if river flow excessive. 4. First aid and vehicle at the clubhouse.	Low 9
8	Racing Shells Rescue Craft Blades	Crews grounding or hitting submerged objects in the start marshalling area	All competitors and rescue personnel	3	4	Medium 12	1. Start Marshals to direct crews and monitor safety. 2. Safety launch upstream of road bridge in radio contact. 3. First aid and vehicle at the clubhouse.	Low 9
9	Racing Shells Rescue Craft Blades	Capsize at the finish area	All competitors and rescue personnel	3	4	Medium 12	1. Finish Marshals in place. 2. First Aid post at the boathouse. 3. Safety launch in place on the course	Low 9

							4. Marshalls patrolling the course with throw lines.	
10	Racing Shells Rescue Craft Blades	Water depth in the River Wansbeck causing the grounding of racing shells or rescue craft	All Competitors and rescue personnel	3	4	Medium 12	<ol style="list-style-type: none"> <li>1. Assessment of river conditions and depth on the day of the event.</li> <li>2. Shortening of the navigatable course for all watercraft.</li> <li>3. Monitoring of tide and weather conditions in the days leading up to the event to permit an early assessment of river conditions and threshold for competition.</li> </ol>	Low 9

10	Racing Shells Rescue Craft Blades	Collisions/contact between racing crews	All competitors,	3	4	Medium 12	1. Monitor presence increased at narrows and bridges to give warnings. 2. Safety launch placed near road bridge. 3. Landing stage marshals supervise launching, leaving and landing. 4. Circulation pattern enforced. 5. Crews instructed to keep race finish area clear. 6. No warming up adjacent to the course.	Low 9
11	Racing Shells Rescue Craft Blades	Hypothermia (non- immersion) whilst racing or marshalling.	All competitors, bystanders, spectators and club volunteers	5	4	High 20	1. Competitors warned to be appropriately dressed for the conditions. 2. Marshals advise adults where there is concern. 3. Juniors removed by marshals if considered at risk.	Low 9
12	Racing Shells Rescue Craft Tents Trailers	Incidents requiring first aid only	All competitors, bystanders, spectators and club volunteers	3	3	Low 9	1. First Aid provided by an external accredited first aid provider with identified first aiders with a vehicle at the boathouse. 2. All Marshals/Safety Launch in radio contact	Low 6
13	Racing Shells Rescue Craft Tents Trailers	Incidents requiring hospital treatment	All competitors, bystanders, spectators and club volunteers	3	3	Low 9	1. Ambulance Service notified of event and provided with Safety Plan including access points. 2. Fire Brigade (with rescue launches/ SRT capability) similarly notified. 3. Accident and emergency hospitals identified (both for urgent care and serious emergencies). 4. Defibrillator located outside Rowing Clubhouse at main single entrance.	Low 6

14	Racing Shells Rescue Craft Blades	Competitors in the water	All competitors, bystanders, spectators and club volunteers	4	4	Medium 16	Under BR rules: 1. All competitors must be competent swimmers. & coxswains must wear a personal flotation device. 2. Marshals issued with throw bags. 3. Safety launches positioned above road bridge and between bridges.	Low 6
15	Racing Shells Rescue Craft Blades	Unsuitable equipment	All competitors,	4	4	Medium 16	Under BR rules all clubs must supply properly and regularly maintained equipment for their members which is safe and adequate for its intended purpose. Random detailed checks together with visual checks will be made by marshals on boating.	Low 6
16	Racing Shells Rescue Craft Blades	Collision with submerged obstacles/grounding in shallow areas	All competitors	1	5	Low 5	1. Crews and or coaches to be advised of course to start and during race including any obstacles at safety briefing immediately prior to racing. 2. Obstacles and shallow areas buoyed off. 3. Marshals and rescue craft to be sited to prevent grounding/collision. 4. Rescue craft will clear any debris if hazard to racing. 5. Course inspected the previous day and on the day of racing.	Low 3
17	Racing Shells Blades Rescue Craft Pontoon	Slips/trips/falls	All competitors and club volunteers	4	4	Medium 16	1. Crews and volunteers to be made aware of hazards when boating. 2. Ramps in place to allow access to pontoon. 3. Access ramps and pontoon have non slip surfaces	Low 6

18	Racing shells Trailers Blades Rigger etc	Impact with equipment in trailer park	All competitors, club volunteers and members of public	4	4	Medium 16	1. Cars and trailers parked in accordance with published parking plan. 2. Parking marshals available to assist parking. 3. First aid cover present at event situated near boathouse.	Low 6
19	Racing shells Blades Trailers	Impact with boat whilst being carried Trip hazard with unattended equipment	All competitors, club volunteers and members of public	3	4	Medium 12	1. Notices to be placed either end of public footpath warning public of event. 2. Site layout to be prepared before event as guide to competitors and race officials. 3. Competitors instructed to keep clear access to public pathway in front of boathouse (eg. blades not propped on railings opposite boathouse.	Low 6
20	Racing Shells	Anti social Behaviour eg passers by throwing stones. Injury to competitors or supporters	All competitors, club volunteers	4	2	Low 8	1. Race Marshals instructed to report all incidents to Race Control and Safety Advisor. 2. Possible decision to temporarily suspend event if behaviour continues. 3. Contact details for police published prior to event (tel: 999 or 101)	Low 3
21	Persons, Vehicles and Trailers	A collision involving a person and a moving vehicle or trailer	All competitors, bystanders, spectators and club volunteers.	4	2	Low 8	1. Signage indicating event and restrictions to access 2. Marshalling of vehicle and trailer movements within the event site 3. Pedestrians to use designated footpaths.	Low 3

### Cambois Rowing Club – Risk Assessment Form

**To be completed by the person undertaking the risk assessment**

Name: Andy Appleby    Position: Health and Safety Officer

Review Date: 07/09/2025