

Cambois Rowing Club:
LDS Race Risk Assessment Form

DATE: 07/09/25 ASSESSOR: Andy Appleby LOCATION: River Wansbeck AREA/ACTIVITY: Water based competition
on the River Wansbeck involving familiar and unfamiliar crews, scullers and coxes

| Item No. | Activity/equipment/ materials, etc. | Hazard | Persons at risk | Risk Rating | | | | Control Measures Required | Final Result* | |
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| | | | | e | r | i | h | o | o | d |
| 1 | Racing Shells Rescue Craft Tents Trailers | Incident through difficult weather or water conditions. | All competitors, bystanders, spectators and club volunteers. | 4 | 4 | Medium | 16 | Weather and water conditions assessed and either only allow higher levels of competence to compete or cancel the event entirely. | Low 8 | |
| 2 | Racing Shells Rescue Craft Tents Trailers Blades | Lightning | All competitors, bystanders, spectators and club volunteers | 5 | 2 | Low | 10 | Action plan involving weather warnings and using the 30/30 rule: rowing shall stop when the flash to bang count is 30 seconds or less and shall not resume for at least 30 minutes after the last lightening. If crews are on the water, they shall be instructed to return to the landing station. | Low 2 | |
| 3 | Racing Shells Rescue Craft Blades | Collisions between competitors travelling in opposite directions | All competitors | 4 | 3 | Medium | 12 | 1. Crews informed of navigation rules (upstream North bank, downstream South Bank ie port to port). 2. Crews are not permitted, in normal circumstances, to row back down the course once proceeding upstream to the start. However in the case of an emergency then crews will be permitted to do so, this request should be communicated to an umpire or | Low 6 | |

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| | | | | | | | event official to allow for safe marshalling and monitoring of the crew involved. 3. Crews monitored by marshals when returning to the landing stages after racing enforcing the circulation pattern. | |
| 4 | Racing Shells Rescue Craft Blades | Collisions with other boats eg canoes, sailing craft | All competitors | 4 | 4 | Medium 16 | 1. Crews informed of navigation rules (upstream North bank, downstream South Bank ie port to port) 2. Canoe Club, Sea Scouts & Paddle Board Club advised of event prior to race date 3. Course monitored throughout its length 4. Safety launch placed by road bridge – all in radio contact | Low 3 |
| 5 | Racing Shells Rescue Craft Blades | Collision with bridges | All competitors | 3 | 5 | Medium 15 | 1. Safety Launch and marshals positioned near road bridge to warn crews. | Low 9 |
| 6 | Racing Shells Rescue Craft Blades | Capsize proceeding to the start and during the start | All competitors | 3 | 4 | Medium 12 | 1. Course monitored throughout its length. 2. Safety launches in place on the course 3. Vehicle access points identified to transfer victim quickly. 4. All marshals/monitors/safety launches in radio contact | Low 9 |
| 7 | Racing Shells Rescue Craft Blades | Capsize and congestion at the start marshalling area | All competitors and rescue personnel | 3 | 4 | Medium 12 | 1. Start Marshals to direct crews and monitor safety. 2. Safety launch upstream of road bridge in radio contact. 3. Cancel event if river flow excessive. 4. First aid and vehicle at the clubhouse. | Low 9 |
| 8 | Racing Shells Rescue Craft Blades | Crews grounding or hitting submerged objects in the start marshalling area | All competitors and rescue personnel | 3 | 4 | Medium 12 | 1. Start Marshals to direct crews and monitor safety. 2. Safety launch upstream of road bridge in radio contact. 3. First aid and vehicle at the clubhouse. | Low 9 |
| 9 | Racing Shells Rescue Craft Blades | Capsize at the finish area | All competitors and rescue personnel | 3 | 4 | Medium 12 | 1. Finish Marshals in place. 2. First Aid post at the boathouse. 3. Safety launch in place on the course | Low 9 |

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| | | | | | | | 4. Marshalls patrolling the course with throw lines. | |
| 10 | Racing Shells Rescue Craft Blades | Water depth in the River Wansbeck causing the grounding of racing shells or rescue craft | All Competitors and rescue personnel | 3 | 4 | Medium 12 | <ol style="list-style-type: none"> 1. Assessment of river conditions and depth on the day of the event. 2. Shortening of the navigatable course for all watercraft. 3. Monitoring of tide and weather conditions in the days leading up to the event to permit an early assessment of river conditions and threshold for competition. | Low 9 |

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| 10 | Racing Shells Rescue Craft Blades | Collisions/contact between racing crews | All competitors, | 3 | 4 | Medium 12 | <ol style="list-style-type: none"> 1. Monitor presence increased at narrows and bridges to give warnings. 2. Safety launch placed near road bridge. 3. Landing stage marshals supervise launching, leaving and landing. 4. Circulation pattern enforced. 5. Crews instructed to keep race finish area clear. 6. No warming up adjacent to the course. | Low 9 |
| 11 | Racing Shells Rescue Craft Blades | Hypothermia (non-immersion) whilst racing or marshalling. | All competitors, bystanders, spectators and club volunteers | 5 | 4 | High 20 | <ol style="list-style-type: none"> 1. Competitors warned to be appropriately dressed for the conditions. 2. Marshals advise adults where there is concern. 3. Juniors removed by marshals if considered at risk. | Low 9 |
| 12 | Racing Shells Rescue Craft Tents Trailers | Incidents requiring first aid only | All competitors, bystanders, spectators and club volunteers | 3 | 3 | Low 9 | <ol style="list-style-type: none"> 1. First Aid provided by an external accredited first aid provider with identified first aiders with a vehicle at the boathouse. 2. All Marshals/Safety Launch in radio contact | Low 6 |
| 13 | Racing Shells Rescue Craft Tents Trailers | Incidents requiring hospital treatment | All competitors, bystanders, spectators and club volunteers | 3 | 3 | Low 9 | <ol style="list-style-type: none"> 1. Ambulance Service notified of event and provided with Safety Plan including access points. 2. Fire Brigade (with rescue launches/ SRT capability) similarly notified. 3. Accident and emergency hospitals identified (both for urgent care and serious emergencies). 4. Defibrillator located outside Rowing Clubhouse at main single entrance. | Low 6 |

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| 14 | Racing Shells Rescue Craft Blades | Competitors in the water | All competitors, bystanders, spectators and club volunteers | 4 | 4 | Medium 16 | Under BR rules: 1. All competitors must be competent swimmers. & coxswains must wear a personal flotation device. 2. Marshals issued with throw bags. 3. Safety launches positioned above road bridge and between bridges. | Low 6 |
| 15 | Racing Shells Rescue Craft Blades | Unsuitable equipment | All competitors, | 4 | 4 | Medium 16 | Under BR rules all clubs must supply properly and regularly maintained equipment for their members which is safe and adequate for its intended purpose. Random detailed checks together with visual checks will be made by marshals on boating. | Low 6 |
| 16 | Racing Shells Rescue Craft Blades | Collision with submerged obstacles/ grounding in shallow areas | All competitors | 1 | 5 | Low 5 | 1. Crews and or coaches to be advised of course to start and during race including any obstacles at safety briefing immediately prior to racing. 2. Obstacles and shallow areas buoyed off. 3. Marshals and rescue craft to be sited to prevent grounding/collision. 4. Rescue craft will clear any debris if hazard to racing. 5. Course inspected the previous day and on the day of racing. | Low 3 |
| 17 | Racing Shells Blades Rescue Craft Pontoon | Slips/trips/falls | All competitors and club volunteers | 4 | 4 | Medium 16 | 1. Crews and volunteers to be made aware of hazards when boating. 2. Ramps in place to allow access to pontoon. 3. Access ramps and pontoon have non slip surfaces | Low 6 |

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| 18 | Racing shells Trailers Blades Rigger etc | Impact with equipment in trailer park | All competitors, club volunteers and members of public | 4 | 4 | Medium 16 | <ul style="list-style-type: none"> 1. Cars and trailers parked in accordance with published parking plan. 2. Parking marshals available to assist parking. 3. First aid cover present at event situated near boathouse. | Low 6 |
| 19 | Racing shells Blades Trailers | Impact with boat whilst being carried Trip hazard with unattended equipment | All competitors, club volunteers and members of public | 3 | 4 | Medium 12 | <ul style="list-style-type: none"> 1. Notices to be placed either end of public footpath warning public of event. 2. Site layout to be prepared before event as guide to competitors and race officials. 3. Competitors instructed to keep clear access to public pathway in front of boathouse (eg. blades not propped on railings opposite boathouse). | Low 6 |
| 20 | Racing Shells | Anti social Behaviour eg passers by throwing stones. Injury to competitors or supporters | All competitors, club volunteers | 4 | 2 | Low 8 | <ul style="list-style-type: none"> 1. Race Marshals instructed to report all incidents to Race Control and Safety Advisor. 2. Possible decision to temporarily suspend event if behaviour continues. 3. Contact details for police published prior to event (tel: 999 or 101) | Low 3 |
| 21 | Persons, Vehicles and Trailers | A collision involving a person and a moving vehicle or trailer | All competitors, bystanders, spectators and club volunteers. | 4 | 2 | Low 8 | <ul style="list-style-type: none"> 1. Signage indicating event and restrictions to access 2. Marshalling of vehicle and trailer movements within the event site 3. Pedestrians to use designated footpaths. | Low 3 |

Cambois Rowing Club – Risk Assessment Form

To be completed by the person undertaking the risk assessment

Name: Andy Appleby Position: Health and Safety Officer

Review Date: 07/09/2025